

# Cascade County Mental Health Local Advisory Council



## MINUTES

Monday May 6, 2019  
Largent Center - McFadden Room  
915 1st Ave. South  
3:00 pm -5:00 pm



**Members Present** Shawn Matsko, Ginny Carnes, Amee Ellsworth, Jane Wilson, Linda Daggett, Cassidy Blomgren, Jane Weber, Robert Moccasin, Steve Humphries-Wadsworth, Trista Besich, Dusti Zimmer, Gayle Snyder, Greg Tilton, Sheriff Jessie Slaughter, Tom Osborn

**Guests Present** Susie McIntyre- Great Falls Public Library, and Rick Brown- First Baptist Church

**Call to Order** The meeting was called to order at 3:00 PM by Jane Weber, Acting Chair. A welcome was extended to Members and Guests. A roster of members was circulated for any corrections, and Jane noted the staggering terms of Office for CCMHLAC members.

### **Election of Officers by the LAC Members**

#### **1. Nominations Committee Report and Proposed Slate of Officers-**

- Steve Humphries-Wadsworth presented the list of Officers as recommended by the Committee: Chair, Amee Ellsworth; Vice Chair, Jane Wilson; Secretary/Treasurer, Shawn Matsko.
- Each Nominee spoke briefly about their qualifications.
- Jane Wilson made a motion to accept Amee Ellsworth as Chair, Ginny seconded the motion and the motion passed.
- Linda made a motion to accept Jane Wilson as Vice Chair, Dusti Zimmer seconded the motion and the motion passed.
- Steve made a motion to accept Shawn Matsko as Secretary/Treasurer, Greg seconded the motion and the motion passed.
- Amee then assumed the Chair and conducted the remainder of the meeting.

**Meeting Minutes from April 1, 2019** The Minutes of the meeting were approved as presented and will be signed and submitted to County staff for posting and archive.

### **Treasurer's Report**

1. **Funding disposition with Cascade County and available funds in County account-** Linda reported that a check was made for the entire \$4,524.58 in the Prairie Mountain Bank checking account and submitted to the County for deposit. A receipt was obtained. A Budget Performance Report was available at the meeting and this reflected the same amount as it appears in the County Budget. Jane Weber explained the structure of the report.
2. **Processes for fund expenditures-** Jane Weber reviewed the process for expenditures from the account including a travel authorization request and a purchase order.

### **Old Business**

#### **Wrap up of 2019 Legislative Session**

- Peer Support- Ginny reported that SB30 passed with the Medicaid reimbursement funding for Certified Peer Support Specialists set at the amount they had originally requested.
- Medicaid expansion- Several Members expressed gratitude for the work done by legislators and all those who participated in the continuation of State Medicaid expansion.

## **New Business**

1. **Applied Suicide Intervention Skills Training (ASIST)-** Jane Wilson reported:
  - The ASSIST Training will be held May 15- 16<sup>th</sup> in Helena. It is an evidence-based method of Suicide prevention. This is a train-the-trainer session with the purpose of bringing the training back to the communities LACs serve.
  - A few members have indicated interest in attending the training and would need per diem (travel, meals, hotel rooms).
  - Jane Wilson made a motion to approve up to \$500 for per diem to send a member to the Applied Suicide Intervention Skills Training May 15-16 in Helena. Robert seconded the motion and the motion passed.
  - A County Travel Authorization Request is needed for submission to the County Budget Office in advance.
2. **Strategic Planning Session-** Jane Weber reported:
  - When Jane and Jane first consulted with the Helena LAC about using their model as one that was under the auspices of the County, they were advised to conduct a strategic plan. Lewis and Clark County utilized the services of Dan Clark, Local Government Services in Bozeman.
  - The Board indicated interest in making a strategic plan going forward, felt it was important to explore that.
  - Linda made a motion to explore the cost to contract with Dan Clark for professional services to conduct a planning session, and explore the cost of presenting it. Dusti seconded the motion and the motion passed.
  - Jane Weber will contact Dan Clark about his fees and costs. Jane Wilson will explore the logistics.

## **Standing Committee Reports**

1. **Executive Committee** – none at this time
2. **Suicide Prevention Committee-**
  - Greg reported that, at the last meeting, they considered presenting a suicide prevention tool QPR (Question Persuade Respond) to the community. They continue to emphasize the importance of involving the senior community and faith-based community with suicide prevention.

## **Representative Reports**

1. **Update on Crisis Services-**
  - Steven reported that he did not attend the last Crisis Steering Committee and will be leaving the Center for Mental Health.
  - Trista did attend and reported they are continuing to develop a plan to move forward. They are looking at prioritizing parenting classes for incarcerated parents, crisis/jail diversion. They are moving forward with the Mental Health Court, meeting with judges to form a team and system.
  - The Center for Mental Health is taking Crisis Response Team calls along with Alluvion, but they continue to seek a better option for covering the daytime calls.
  - No report on the Crisis Intervention Training (CIT).
2. **Media and Communication update-**
  - Jane Wilson reported that she continues to monitor and post mental health information on our Facebook page and it reaches about 100 people a week. She will post the new Board roster.
  - Robert suggested that we might coordinate with the City Volunteer/Social media Coordinator. The contact person for that is Adrienne Ehrke.
  - Greg suggested we look into the City/County Health Department's use of "connect" a

- system for getting out information on social media. The contact person for that here is Anna Addewey.
  - Jessie explained a system that actively invites interested people on social media in a more targeted and effective way. This reaches those who are most likely to engage with our mission and not bother those who are not.
  - Jane Wilson will arrange a meeting with the social media experts and report back.
  - Robert will ask the County Volunteer/Social media Coordinator for the County to attend our next meeting.
3. Central Service Area Authority (CSAA) report- Jane Wilson reported:
- The CSAA is working on their year-end budget and will probably have funds available to the LACs. She will learn more about it at the next meeting.
  - The Summit (CSAA leaders from around the State) on September 6<sup>th</sup>. The CSAA Congress is June 21<sup>st</sup>.
  - The State Addictive and Mental Disorder Division (AMDD) released a report, Jane summarized the report and will email this report to the members.

**Community Reports/Announcements from Board Members:**

Alluvion Health- Dusti reported that they hosted a meeting involving the Interfaith and Ministerial Associations. Addiction and Mental Health providers from the whole community presented their available services and information. They are especially interested in the homeless and substance abuse connection and are discussing ways to address it as a group, including the possibility of adopting areas/neighborhoods.

Center for Mental Health- Steven announced that he will be stepping down from the Board as he will be leaving the Center at the end of the week. He is in contact with the Director of the Center to find a replacement for him. Steven was heartily thanked for his work and dedication and wished well in his new endeavor.

PEER Support- Ginny reported that she handled her first Crisis Intervention call as Peer Support Specialist and it was successful. The Montana Peer Support Conference will be in conjunction with the CSAA meeting in Helena.

Mental Health America, Great Falls (MHAGF)- Linda reported that the Annual Dinner will be held May 7<sup>th</sup>.

Cascade County- Jane Weber reminded the Members that a decision cannot be made on any item not marked as a “decision” item on the agenda.

**Public Comment**

Rick Brown, a guest at the meeting, commented that his background is in mental health and chaplaincy with the VA .

**Adjourn** The meeting was adjourned at 4:15 PM by Amee Ellsworth, Chair.

**Next Meeting: Monday, June 3, 2019**

**Respectfully Submitted**

Amee Ellsworth, Chair

Date \_\_\_\_\_